

**Course Information** 



Course Outline and Details				
Course Code	CL62308G	Title:	Calming Craft: Card N	laking
Time and duration			Location	
Start Date: 16 October 2023		TACC within OCH		
Start Time: 10:00 End Time: 12:00		e: 12:00	Orsett Road	
Start Day:	Monday			
No. of Lessons:	1		Grays	
No. of Weeks:	1		Essex	
Total No. of Hour	s: 2.00		RM17 5DD	E: info@tacc.ac.uk

Description

Learn some basic techniques for creating a beautiful card for Valentines Day, Mother's Day or another special event.

## **Entry Requirements**

None

## **Learning Outcomes**

By the end of the workshop you will;

\*have used craft as a means to support your wellbeing.

\*be shown how to create a craft item relating to the workshop theme.

By the end of the workshop you will have looked at ways to take responsibility for your own health and wellbeing and identified areas to concentrate on to improve these areas.

## **Resources/Equipment**

Please be aware that although the course is free (and resources are usually provided) you may be required to bring/purchase some minimal resources. Details will be confirmed closer to the start date via text message.

Please bring the following to the first class:

\* Pen

\* Note paper

## Progression

Other wellbeing and/or craft courses. Other courses with TACC Please advise your tutor of any medical or health issues that may impact on your learning or your safety whilst attending the college.

If you require any additional support or have any special requirements that you have not already told us about please inform us as soon as possible by emailing:

TACC.LearnerSupport@thurrock.gov.uk. A member of our Learning Support team will contact you to talk about these confidentially.